

M E N S R E T R E A T

at Rocklyn Yoga Ashram
20-22 August 2010

A weekend of integrated yoga for men in the peaceful Wombat State Forest

With Ross Drake, Sri Ram
& Dharma Vanam



*“Every man has a dreaming to unfold –
by being guided through these five aggregates,
latent beautiful truths will emerge as a recognized self esteem”*

Discover your strength & purpose through story
Develop the tools of your imagination
Connect with other men
Contemplate - Share - Release - Transform

Info Dharma Vanam 0424 597 109 or Sri Ram 0448 904 749

Bookings: Rocklyn Yoga Centre 03 5345 7434
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SATYANANDA YOGA